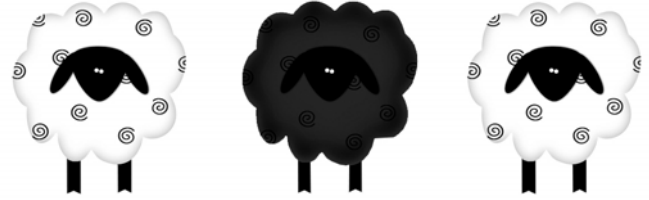


1st Annual

“Not Just One Of The Herd”

Beach Retreat



Hi ‘All,

This is our 1st Annual Knitting Beach Retreat, we have many wonderful things in store for you, including door prizes, a drawing, show and tell and “knit in”. I think this weekend promises to be a truly great time, how could we go wrong with all of the great food and most of all our incredibly talented teachers. The price is \$175.00, which includes your class choice and some of the meals. We have reserved a bank of rooms at the Liberty Inn (<http://www.libertyinn.com/lc/index.html>).

We are talking about having this retreat not only in October but also again sometime in the spring. We have not set a date yet and the classes will be different, so keep your eyes and ears open for the announcement of our Spring Beach Retreat. Regards, Cheryl, Owner, Nestucca Bay Yarns

ITINERARY:

Friday Night Dinner

5:00-7:00 Menu: Pacific Northwest Buffet—Prime Rib and Seafood buffet.

A time to get to know one another and share our previously finished garments – wear anything you have made, gloves, socks, hats whatever, but especially anything done in Fair Isle or Aran.

Saturday

7:30—9:30 Breakfast in The Lighthouse Menu includes fresh fruit, yogurt, vegetable quiche, assorted muffins and jellies, fruit juice, coffee, decaf and hot tea.

9:30—12:00 Classes

12:00—1:00 Lunch Pacific Rim Buffet with Sesame Chicken, lightly battered and crisply cooked, tossed in a sesame sauce and accompanied by steamed Jasmine Rice and Broccoli; Char Sui Pork, served with Akisoba Noodles, Vegetable Fried Rice and Ginger Glazed Carrots; Vegetable Spring Rolls and Fried Dim Sum and Fortune Cookies, coffee, decaf, hot and iced teas.

1:00—4:00 Classes Resume

4:00—7:00 Free Time—dinner not provided

7:00—9:00 Knit In—We will be meeting in the Ballroom to work on our projects together, visit, share, ask questions and get help if needed. Snacks will be provided. No host bar.

Sunday

7:30—9:00 Breakfast in the Lighthouse (same as above).

9:00—12:00 Classes Resume

12:00—1:00 Lunch : Fajita Fiesta Buffet—Seasoned ground beef, chicken fajita, refried beans with cheddar cheese, Spanish Rice with sautéed corn and peppers, corn taco shells and flour tortillas, spicy black bean salad, tossed green salad with assorted dressings, nacho chips, salsa, sour cream, guacamole and cinnamon chips.

1:00 Dismissed—go forth and create!

If you have family members and/or friends who would like to be a part of your weekend adventure, here is a list of meal prices to accommodate them:

Friday Night dinner: “Northwest Prime Rib / Seafood Buffet” \$28.95 per person

Saturday Breakfast: “The Lighthouse” \$8.95 per person

Saturday Lunch: “Prime Rib Luncheon Buffet: \$14.95 per person

Dinner on your own Saturday evening

Sunday Breakfast: “The Lighthouse” \$8.95 per person

Sunday Lunch: “Fajita Fiesta Luncheon Buffet” \$14.95 per person

CLASS OFFERINGS:

FAIR ISLE/STRANDED COLOR KNITTING with JOAN SCHROUDER

-9 Hour Class; Skill Level - Intermediate, up to 25 Students. No homework

Fair Isle knitting is known the world over for its gorgeous color combinations and traditional motifs. The technique of stranding colorwork is needed to create Fair Isle, but FI is only one of its facets. Once mastered, you can use the stranding technique in other colorwork to your heart's content.

In this class we will cover knitting with a color in each hand, so you will become familiar with both knitting American/English/throwing, ie yarn held in the right hand, and Continental/German/pick knitting, ie yarn held in the left hand. This way, you can easily work with 2 colors, holding one in each hand. You will also learn how to carry 2 colors in one hand (whichever one is your preference), and then a third color in the alternate hand.

Also learn the techniques to weave in longer carries without dropping your yarns to twist, so that a more fluid and efficient motion can be achieved. Learn tricks to avoid pulling the stranding too tight, a common problem. Learn about steeks, little "bridges" in your knitting that enable you to later cut your work for armholes, necklines and cardigan openings. Information on machine-stitching the openings will be given, and we will practice 2 crocheted methods of securing the stitches.

Materials to bring to class: Yarn - 2 contrasting colors (50 gm/2 oz total) Worsted or DK weight yarn in a smooth texture. One yarn can be a variegated/handpaint. A few yards for securing steek in slightly lighter weight yarn than used for sample knitting. (ie. sport wt if DK used in knitting) knitting needles to get gauge of approximately 5-5.5 stitches/inch, any length circular. crochet hook, size F or G, scissors.

NECKDOWN ARAN SWEATER with HELEN BURROS

9 hours: 20 Students maximum; Homework required (a handout will be emailed / sent).

Students will learn the techniques needed to knit an Aran style sweater, either cardigan or pullover, from the top down by knitting a teddy bear sweater. We will start by taking accurate measurements and filling them in on a schematic. Next we will be knitting shoulder straps, picking up and knitting the back down to the armholes, picking up the fronts and knitting them down to the armholes, picking up and knitting the sleeves down to the cuffs, finishing the body and finally picking up and knitting the button bands, if making a cardigan. A teddy bear sweater will be completed in the process of the class, so students can practice the necessary skills on a small scale. Along the way, tips and tricks will be shared to enable students to make their sweaters turn out better and enjoy the knitting process.

Skills needed to participate in the class - knit, purl, knitted cast on, cross 2x2 and 3x3 cable with or without cable needle, chain cast off, able to read standard knitting chart as printed in popular knitting magazines, use circular and double pointed needles.

Materials to bring to class: Sizes 5, 6, and 7 24 inch circular and double pointed needles, cloth tape measure, notepad, pen, and pencil with eraser, stitch gauge, scissors, darning needle, 3 yards of scrap yarn in worsted weight, cable needle if desired, stitch markers, crochet hook size C, 2 skeins of worsted weight wool yarn, not superwash.

REGISTRATION FORM

"Not Just One of the Herd" 1st Annual Beach Retreat October 3rd-5th 2008

Name: _____ email: _____

Address: _____

Phone _____

Class Preference: Fair Isle with Joan Schrouder Aran Neckdown with Helen Burros

In the event that your preferred class is full, would you like to take the other class provided it is available? _____

Meal Information: Vegan Vegetarian

Food Allergies _____

The Retreat must be paid in advance to reserve your class. Any cancellations need to be done by August 1st in order to receive a refund.

Check # _____ Credit Card# _____ Exp _____ Verification Code _____

Please mail Registration form to: Nestucca Bay Yarns, 1426 NW 15th Street, Lincoln City, OR 97367